At Wilson Memorial Hospital, we recognize that women have many health needs that are unique to them. From routine and complex gynecology and obstetrics to advanced gender-specific care in all areas of health, Wilson Memorial Hospital is leading the way in women’s health.

Our services are delivered with care and compassion by a medical team that works to enhance the health of women and transform their care.

Looking for a Physician?

Dr. Ashok Buddhadev, M.D.  
(937) 492-8878

Dr. Larry Holland, D.O.  
(937) 615-9601

Dr. David Rhee, M.D.  
(937) 498-9633

Wilson Care Ob/Gyn  
(937) 498-5373

Wilson Memorial Hospital invites you to contact one of the following physician practices for your obstetrical and gynecological needs:

Wilson Care Ob/Gyn

Women’s Heart Health

Bone Basics with Dr. Chad Weber

SAVE THE DATE

Journey through Womanhood

A health fair focusing on the different life stages of women.

Saturday, November 16, 2013

9:00 a.m. - Noon

at Wilson Memorial Hospital

Spotlight on WOMEN’S HEALTH

Driven By Quality

Without Driving Far

Wilson Care Ob/Gyn

Women’s Heart Health

Bone Basics with Dr. Chad Weber

Looking for a Physician?

At Wilson Memorial Hospital, we recognize that women have many health needs that are unique to them. From routine and complex gynecology and obstetrics to advanced gender-specific care in all areas of health, Wilson Memorial Hospital is leading the way in women’s health.

Looking for a Physician?

Dr. Ashok Buddhadev, M.D.  
(937) 492-8878

Dr. Larry Holland, D.O.  
(937) 615-9601

Dr. David Rhee, M.D.  
(937) 498-9633

Wilson Care Ob/Gyn  
(937) 498-5373

Wilson Memorial Hospital invites you to contact one of the following physician practices for your obstetrical and gynecological needs:

Wilson Care Ob/Gyn

Women’s Heart Health

Bone Basics with Dr. Chad Weber

Looking for a Physician?

At Wilson Memorial Hospital, we recognize that women have many health needs that are unique to them. From routine and complex gynecology and obstetrics to advanced gender-specific care in all areas of health, Wilson Memorial Hospital is leading the way in women’s health.

Looking for a Physician?

Dr. Ashok Buddhadev, M.D.  
(937) 492-8878

Dr. Larry Holland, D.O.  
(937) 615-9601

Dr. David Rhee, M.D.  
(937) 498-9633

Wilson Care Ob/Gyn  
(937) 498-5373

Wilson Memorial Hospital invites you to contact one of the following physician practices for your obstetrical and gynecological needs:

Wilson Care Ob/Gyn

Women’s Heart Health

Bone Basics with Dr. Chad Weber

Looking for a Physician?
Women often think that osteoporosis is an inevitable, unpreventable part of aging. However, today through extensive research and new medications, we have gained the knowledge and the ability to prevent, detect earlier, treat, and sometimes reverse this disease. You should know that it is never too early to start taking care of your bones and preventing the onset of osteoporosis. Active and healthy lifestyle habits can help protect your bones and decrease your chance of developing osteoporosis. And, if your primary healthcare provider hasn’t talked to you about your bone health, it’s time for you to bring it up!

Osteoporosis and the fragility fractures (weak bones due to osteoporosis) are not a part of the normal aging process. There are several things you can do to help protect your bones throughout your life and prevent the onset of osteoporosis. “You’re never too young or too old to improve the health, strength, and quality of your bones,” says Dr. Chad Weber, orthopedic surgeon with Orthopedic Associates of SW Ohio.

Whatever your age, the habits and activities you adopt now will affect your bone health today and for the rest of your life. Now is the time to take action.

Dr. Chad Weber is an orthopedic surgeon with Orthopedic Associates of SW Ohio. He does all he can to help patients embrace their health and take back their lives by restoring mobility, reducing pain and getting people back to doing what they love. Dr. Weber sees patients in the Sidney office. For more information or to schedule an appointment, call (937) 494-5266.

Women often think that osteoporosis is an inevitable, unpreventable part of aging. However, today through extensive research and new medications, we have gained the knowledge and the ability to prevent, detect earlier, treat, and sometimes reverse this disease. You should know that it is never too early to start taking care of your bones and preventing the onset of osteoporosis. Active and healthy lifestyle habits can help protect your bones and decrease your chance of developing osteoporosis. And, if your primary healthcare provider hasn’t talked to you about your bone health, it’s time for you to bring it up!

Osteoporosis and the fragility fractures (weak bones due to osteoporosis) are not a part of the normal aging process. There are several things you can do to help protect your bones throughout your life and prevent the onset of osteoporosis. “You’re never too young or too old to improve the health, strength, and quality of your bones,” says Dr. Chad Weber, orthopedic surgeon with Orthopedic Associates of SW Ohio.

Whatever your age, the habits and activities you adopt now will affect your bone health today and for the rest of your life. Now is the time to take action.

Dr. Chad Weber is an orthopedic surgeon with Orthopedic Associates of SW Ohio. He does all he can to help patients embrace their health and take back their lives by restoring mobility, reducing pain and getting people back to doing what they love. Dr. Weber sees patients in the Sidney office. For more information or to schedule an appointment, call (937) 494-5266.

Women often think that osteoporosis is an inevitable, unpreventable part of aging. However, today through extensive research and new medications, we have gained the knowledge and the ability to prevent, detect earlier, treat, and sometimes reverse this disease. You should know that it is never too early to start taking care of your bones and preventing the onset of osteoporosis. Active and healthy lifestyle habits can help protect your bones and decrease your chance of developing osteoporosis. And, if your primary healthcare provider hasn’t talked to you about your bone health, it’s time for you to bring it up!

Osteoporosis and the fragility fractures (weak bones due to osteoporosis) are not a part of the normal aging process. There are several things you can do to help protect your bones throughout your life and prevent the onset of osteoporosis. “You’re never too young or too old to improve the health, strength, and quality of your bones,” says Dr. Chad Weber, orthopedic surgeon with Orthopedic Associates of SW Ohio.

Whatever your age, the habits and activities you adopt now will affect your bone health today and for the rest of your life. Now is the time to take action.

Dr. Chad Weber is an orthopedic surgeon with Orthopedic Associates of SW Ohio. He does all he can to help patients embrace their health and take back their lives by restoring mobility, reducing pain and getting people back to doing what they love. Dr. Weber sees patients in the Sidney office. For more information or to schedule an appointment, call (937) 494-5266.

Women often think that osteoporosis is an inevitable, unpreventable part of aging. However, today through extensive research and new medications, we have gained the knowledge and the ability to prevent, detect earlier, treat, and sometimes reverse this disease. You should know that it is never too early to start taking care of your bones and preventing the onset of osteoporosis. Active and healthy lifestyle habits can help protect your bones and decrease your chance of developing osteoporosis. And, if your primary healthcare provider hasn’t talked to you about your bone health, it’s time for you to bring it up!

Osteoporosis and the fragility fractures (weak bones due to osteoporosis) are not a part of the normal aging process. There are several things you can do to help protect your bones throughout your life and prevent the onset of osteoporosis. “You’re never too young or too old to improve the health, strength, and quality of your bones,” says Dr. Chad Weber, orthopedic surgeon with Orthopedic Associates of SW Ohio.

Whatever your age, the habits and activities you adopt now will affect your bone health today and for the rest of your life. Now is the time to take action.

Dr. Chad Weber is an orthopedic surgeon with Orthopedic Associates of SW Ohio. He does all he can to help patients embrace their health and take back their lives by restoring mobility, reducing pain and getting people back to doing what they love. Dr. Weber sees patients in the Sidney office. For more information or to schedule an appointment, call (937) 494-5266.

Women often think that osteoporosis is an inevitable, unpreventable part of aging. However, today through extensive research and new medications, we have gained the knowledge and the ability to prevent, detect earlier, treat, and sometimes reverse this disease. You should know that it is never too early to start taking care of your bones and preventing the onset of osteoporosis. Active and healthy lifestyle habits can help protect your bones and decrease your chance of developing osteoporosis. And, if your primary healthcare provider hasn’t talked to you about your bone health, it’s time for you to bring it up!

Osteoporosis and the fragility fractures (weak bones due to osteoporosis) are not a part of the normal aging process. There are several things you can do to help protect your bones throughout your life and prevent the onset of osteoporosis. “You’re never too young or too old to improve the health, strength, and quality of your bones,” says Dr. Chad Weber, orthopedic surgeon with Orthopedic Associates of SW Ohio.

Whatever your age, the habits and activities you adopt now will affect your bone health today and for the rest of your life. Now is the time to take action.

Dr. Chad Weber is an orthopedic surgeon with Orthopedic Associates of SW Ohio. He does all he can to help patients embrace their health and take back their lives by restoring mobility, reducing pain and getting people back to doing what they love. Dr. Weber sees patients in the Sidney office. For more information or to schedule an appointment, call (937) 494-5266.

Women often think that osteoporosis is an inevitable, unpreventable part of aging. However, today through extensive research and new medications, we have gained the knowledge and the ability to prevent, detect earlier, treat, and sometimes reverse this disease. You should know that it is never too early to start taking care of your bones and preventing the onset of osteoporosis. Active and healthy lifestyle habits can help protect your bones and decrease your chance of developing osteoporosis. And, if your primary healthcare provider hasn’t talked to you about your bone health, it’s time for you to bring it up!

Osteoporosis and the fragility fractures (weak bones due to osteoporosis) are not a part of the normal aging process. There are several things you can do to help protect your bones throughout your life and prevent the onset of osteoporosis. “You’re never too young or too old to improve the health, strength, and quality of your bones,” says Dr. Chad Weber, orthopedic surgeon with Orthopedic Associates of SW Ohio.

Whatever your age, the habits and activities you adopt now will affect your bone health today and for the rest of your life. Now is the time to take action.

Dr. Chad Weber is an orthopedic surgeon with Orthopedic Associates of SW Ohio. He does all he can to help patients embrace their health and take back their lives by restoring mobility, reducing pain and getting people back to doing what they love. Dr. Weber sees patients in the Sidney office. For more information or to schedule an appointment, call (937) 494-5266.

Women often think that osteoporosis is an inevitable, unpreventable part of aging. However, today through extensive research and new medications, we have gained the knowledge and the ability to prevent, detect earlier, treat, and sometimes reverse this disease. You should know that it is never too early to start taking care of your bones and preventing the onset of osteoporosis. Active and healthy lifestyle habits can help protect your bones and decrease your chance of developing osteoporosis. And, if your primary healthcare provider hasn’t talked to you about your bone health, it’s time for you to bring it up!

Osteoporosis and the fragility fractures (weak bones due to osteoporosis) are not a part of the normal aging process. There are several things you can do to help protect your bones throughout your life and prevent the onset of osteoporosis. “You’re never too young or too old to improve the health, strength, and quality of your bones,” says Dr. Chad Weber, orthopedic surgeon with Orthopedic Associates of SW Ohio.

Whatever your age, the habits and activities you adopt now will affect your bone health today and for the rest of your life. Now is the time to take action.

Dr. Chad Weber is an orthopedic surgeon with Orthopedic Associates of SW Ohio. He does all he can to help patients embrace their health and take back their lives by restoring mobility, reducing pain and getting people back to doing what they love. Dr. Weber sees patients in the Sidney office. For more information or to schedule an appointment, call (937) 494-5266.
Heart disease is the leading cause of death for American women, killing eight times more women than breast cancer does, according to the National Institutes of Health.

“The symptoms of heart disease may vary between women and men,” says Dr. Pradipta Chaudhuri, M.D., F.A.C.C., board-certified cardiologist with Lima Heart and Vascular Institute and on the medical staff at Wilson Memorial. “Women often present with heart disease later in life than men. When you’re older and have multiple diseases, it can be harder to sort out what’s causing symptoms such as shortness of breath, back pain, abdominal pain, passing out, severe sweating or a vague ill feeling,” Dr. Chaudhuri says. “If you’re having any of these symptoms, get them checked to know if you are having a heart attack.”

Our Services
Wilson Memorial offers patients access to elite level cardiac services without having to travel far from home. The hospital partners with physician groups to the north and south to bring advanced technologies and programs to help with effective diagnosis and treatment of cardiac related conditions. From the initial testing stages to cardiac catheterization, the team of doctors, nurses and technicians are there to care for you. After treatment, Wilson’s Cardiac Rehabilitation program helps patients return to their daily activities. This group acts as a support staff to help you manage the changes that accompany a healthier lifestyle.

What Our Coumadin Clinic Can Do For You…
- Timely results of your INR levels and dosage adjustments
- Help you determine the risk factors associated with forming blood clots
- Lower your risk of heart attack, stroke and death
- Manage how you take your medications
- Manage your diet
- A comprehensive staff to aid in the management of your lifestyle

The Coumadin Clinic at Wilson Memorial provides personalized plans for improving and maintaining your heart health, close to home. Talk to your doctor to see if the Coumadin Clinic can help you.

Physician referral required.

Location:
Wilson Memorial Hospital – Outpatient Services

Hours of Operation:
Monday, Tuesday and Thursday - 7 a.m. to 5 p.m.
(937) 494-5209

Heart Attack Warning Signs for Women
- Unexplained fatigue, weakness, or dizziness
- Feeling breathless with daily activity, often without pain or discomfort of any kind
- Sleep disturbances
- Feelings of anxiety or impending doom
- Upper abdominal pressure or discomfort resembling indigestion
- Flu-like symptoms: nausea, clamminess, or cold sweats

Francis Women’s Center for Diagnostic Services
Every aspect of the Francis Women’s Center is designed for women, by women to offer the most comfortable, convenient and discreet experience possible. Wilson Memorial is recognized by the American College of Radiology for meeting the highest quality standards in mammography services.

Call (937) 498-5533 or visit wilsonhospital.com/franciswomenscenter

Family Birth Center
If you’re expecting, you want a birth center you have confidence in. A staff that’s experienced, and cool under pressure. And close by would be good, too.

Licensed by the Ohio Department of Health (ODH) for high quality and safety standards, the Family Birth Center at Wilson Memorial offers women and their families with just the kind of childbirth experience they want, in a medically safe environment.

Call (937) 498-5391 or visit wilsonhospital.com/birthcenter

Birth Center Amenities
- 10 spacious birthing suites; 4 recovery/post-partum rooms for C-section deliveries; and 3 observation rooms
- C-section surgical suite conveniently located in the birth center
- Large walk-in showers
- Complimentary nutrition area for family members to enjoy while staying at the birth center
- Complimentary Picture Perfect Babies™ photo session
- Comprehensive childbirth education program

Services Include:
- Mammography
- Bone Density Testing
- Ultrasound
- Stereotactic Breast Biopsy

Sweet Beginnings is located within the Family Birth Center at Wilson Memorial. Call (937) 498-5434 or visit wilsonhospital.com/sweetbeginnings

Healthcare in our community is more than just an occupation. It’s a commitment. A pledge to provide exceptional healthcare close to home. That’s why at Wilson Memorial offering quality health services just right for women is important.
Courtney Slonkosky, M.D.
Dr. Slonkosky has been in practice with Wilson Care Ob/Gyn since 2010. Her areas of expertise include: Natural Family Planning (NFP) counseling; NaPro Technology, which includes comprehensive treatment for infertility and also treatment of endometriosis and hormone imbalance; and natural childbirth and labor. Dr. Slonkosky resides in Minster, Ohio, with her husband and two children, plus their third “child,” Bella, their 3-year old dog.
Fellowship: John Paul the II Institute (Omaha, NE)
Medical School: Michigan State University (East Lansing, MI)
Residency: Ob/Gyn, St. John Mercy Hospital (St. Louis, MO)
Education: B.S. degree in Biology (University of Notre Dame)

Kristi Pedler, M.D.
Dr. Pedler has been in practice with Wilson Care Ob/Gyn since 2012. She is board-certified and her areas of expertise include comprehensive Ob/Gyn with a special interest in gynecologic surgery. Dr. Pedler is a native of Michigan, but now calls Ohio her home. She married her high school sweetheart and they have two children and two dogs.
Medical School: Wayne State University (Detroit, MI)
Residency: Medical College of Ohio (Toledo, OH)
Education: Master’s degree in Biostatistics (Western Michigan University); B.S. degree in Physiology (Michigan State University)

Valerie Schulte, D.O.
Dr. Schulte has been in practice with Wilson Care Ob/Gyn since 2005. She serves as medical director for the practice and is the Obstetrics/Gynecology section chief at Wilson Memorial Hospital. Dr. Schulte specializes in comprehensive Ob/Gyn with a special focus on advanced laparoscopic surgery and hysterectomy. She also has a special interest in weight loss management.
Medical School: Ohio University College of Osteopathic Medicine (Athens, OH)
Residency: Grandview Medical Center (Dayton, OH)
Education: B.S. degree in Biology and Chemistry (Ohio University, Athens, OH)

Cecilia Banga, D.O.
Dr. Banga has been in practice with Wilson Care Ob/Gyn since 2011. A native of Ghana, Dr. Banga moved to the United States in 1997 to pursue her career in medicine. She specializes in comprehensive Ob/Gyn and has special interest in post-partum depression. In her free time she enjoys CrossFit training and spending time with her family. Dr. Banga resides in Troy, Ohio with her husband, Dr. Phillip Lamptey, and daughter, Juliana (1).
Medical School: Oklahoma State University (Tulsa, OK)
Residency: University of Medicine & Dentistry of New Jersey (Stratford, NJ)
Education: B.S. degree in Zoology and Biological Sciences (University of Oklahoma)

Julie Ressler, M.D.
Dr. Ressler joined Wilson Care Ob/Gyn in 2012. Her areas of expertise include comprehensive obstetrics and gynecology. Dr. Ressler performed a year of full-time volunteer work with the National Service through AmeriCorps. It was this experience that fueled her passion for women’s health. Dr. Ressler is a member of the American College of Obstetricians and Gynecologists and the American Society for Colposcopy & Cervical Pathology.
Medical School: Meharry Medical College (Nashville, TN)
Residency: Oakwood Hospital & Medical Center (Dearborn, MI)
Education: B.S. degree in Biological Sciences (Wayne State University)

Lisa Pleiman, Certified Nurse Practitioner (CNP)
Lisa has been with Wilson Care Ob/Gyn since 2007 as a Certified Nurse Practitioner. She has been providing care at Wilson Memorial Hospital since 1998. Lisa collaborates with the physicians and offers patients medical support with a nursing-based approach. In her free time, Lisa enjoys camping, boating, running and spending time with her family and friends.
Education: Certified Nurse Practitioner; Master of Science in Nursing; B.S. degree in Nursing - Wright State University (Dayton, OH)

What is one of your favorite quotes?
“Life is what happens while you are busy making plans.”

Women have healthcare needs all their own. As the area’s largest and most trusted all female practice, Wilson Care Ob/Gyn understands those needs and meets them.